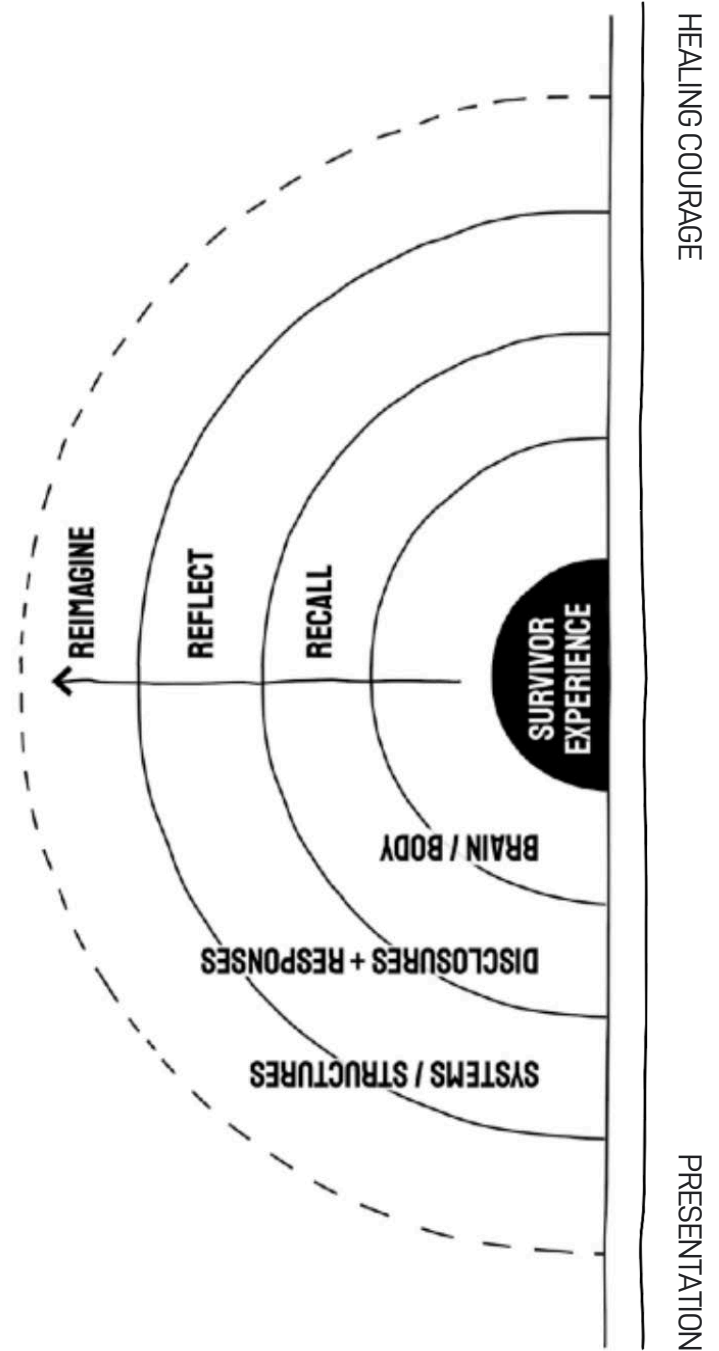


HEALING COURAGE

sexual violence and intimate harm are systemic, cultural, and community problems, that are both preventable and solvable

we design processes and programs that cultivate the conditions to witness, validate, acknowledge, learn, and transform cultures around sexual and intimate harm



SEXUALLY VIOLENT CRIMES ARE THE MOST PREVALENT, YET ALSO THE MOST UNDERREPORTED AND UNDERPROSECUTED.

AT THE MARGINS, - AT EVERY INTERSECTION OF RACE, CLASS, GENDER IDENTITY, DISABILITY, SEXUAL ORIENTATION AND MORE - THE IMPACTS OF SEXUAL VIOLENCE ARE DISPROPORTIONATE.

Prevalence: One in six women, one in 21 men, and one in two transgender individuals will be a victim of sexual assault in their lifetime.

Reporting & Prosecution: Only 30% of rapes are reported to law enforcement (compared to 60% of robberies). Only 5.7% of rape incidents lead to an arrest & 1.1% of incidents are referred to a prosecutor. Only 0.6% of incidents lead to incarceration.

Social: Sexual violence is both a physical and a social violation. 82% of survivors know the person who assaulted them. 97% of those incarcerated for sex crimes will return to their community within two years.

Intersectionality: Majority of sexual victimization in the US is perpetrated by white men and those most frequently targeted are PGM (People of Global Majority), LGB+ folks, the trans community, immigrants, incarcerated & unhoused persons, sex workers and those with disabilities. 80% of rapes are reported by white women while women of color are more likely to be assaulted.

CULTURAL MYTHOLOGY IMPACTS BOTH VIOLENCE AND HEALING. OUR CULTURAL RESPONSES TO SEXUALLY VIOLENT CRIMES ARE MOTIVATED BY HARMFUL MYTHOLOGY, LEADING TO A CRISIS OF UNDERSTANDING, INVALIDATION, AND VICTIM BLAMING.

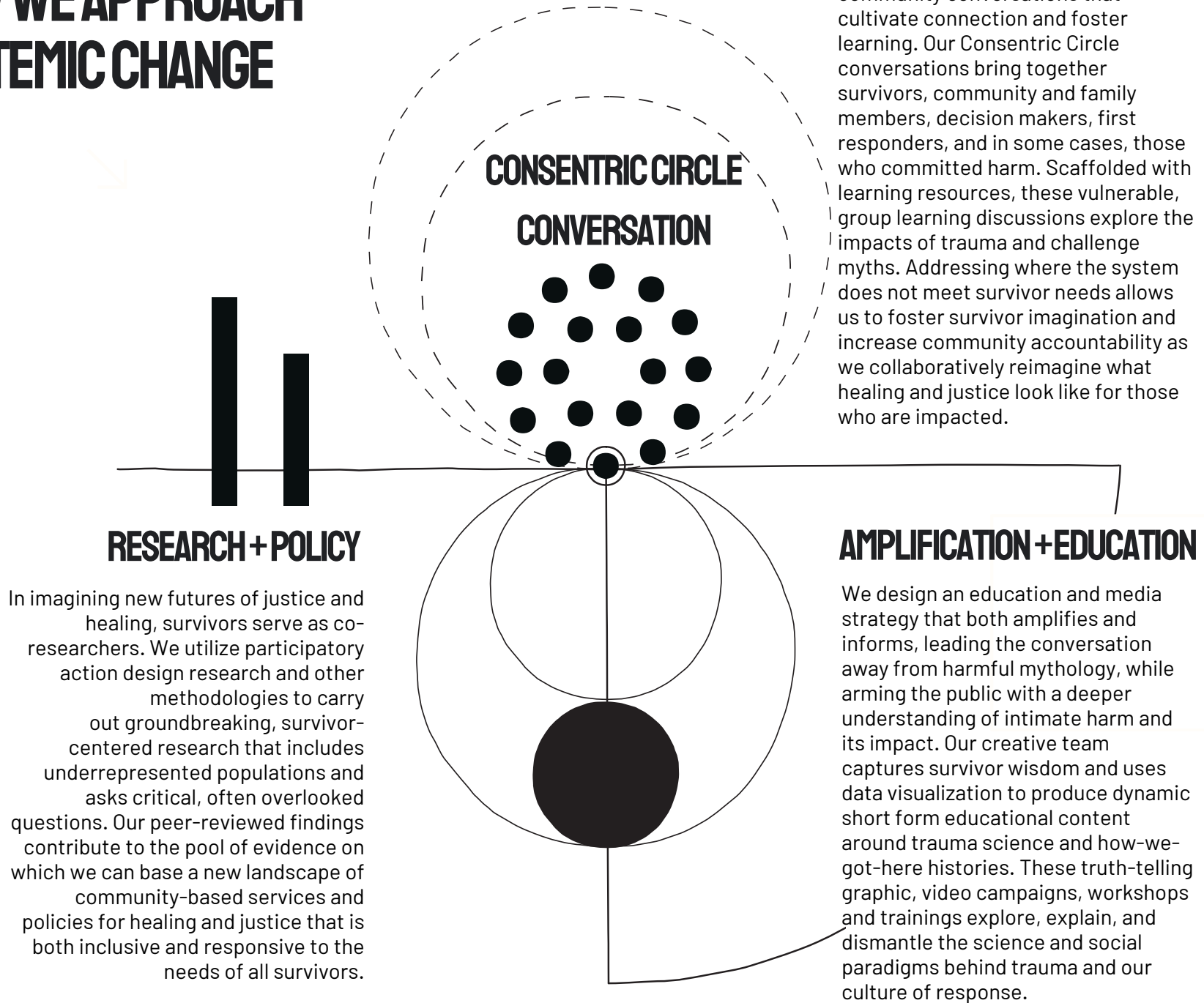
Myth shapes how we think about intimate violence and predicts not just how we'll respond to it, but whether or not we'll commit it.

Myth shapes the cultural climate within which we greet people who harm and have been harmed.

Myth shapes the course of an individual healing experience. Myth leads to ineffective treatment and recidivism strategies.

Myth shapes policy, justice, and resource allocation for victims.

HOW WE APPROACH SYSTEMIC CHANGE



RESEARCH + POLICY

In imagining new futures of justice and healing, survivors serve as co-researchers. We utilize participatory action design research and other methodologies to carry out groundbreaking, survivor-centered research that includes underrepresented populations and asks critical, often overlooked questions. Our peer-reviewed findings contribute to the pool of evidence on which we can base a new landscape of community-based services and policies for healing and justice that is both inclusive and responsive to the needs of all survivors.

CONCENTRIC CIRCLE CONVERSATION

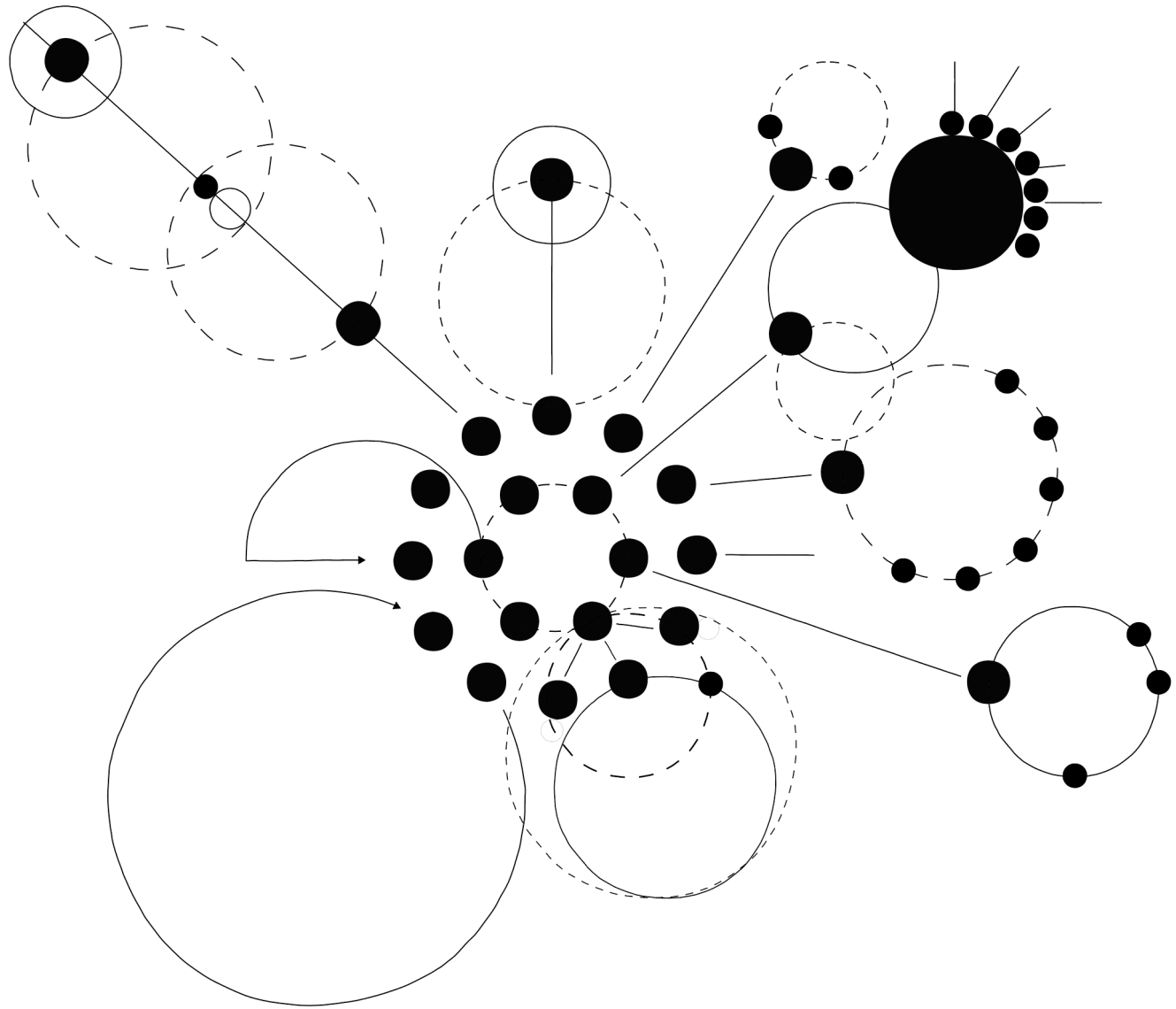
We facilitate survivor-centered community conversations that cultivate connection and foster learning. Our Concentric Circle conversations bring together survivors, community and family members, decision makers, first responders, and in some cases, those who committed harm. Scaffolded with learning resources, these vulnerable, group learning discussions explore the impacts of trauma and challenge myths. Addressing where the system does not meet survivor needs allows us to foster survivor imagination and increase community accountability as we collaboratively reimagine what healing and justice look like for those who are impacted.

AMPLIFICATION + EDUCATION

We design an education and media strategy that both amplifies and informs, leading the conversation away from harmful mythology, while arming the public with a deeper understanding of intimate harm and its impact. Our creative team captures survivor wisdom and uses data visualization to produce dynamic short form educational content around trauma science and how-we-got-here histories. These truth-telling graphic, video campaigns, workshops and trainings explore, explain, and dismantle the science and social paradigms behind trauma and our culture of response.

Healing Courage is dedicated to centering the wisdom of survivors to deepen our understanding and transform our cultural responses to sexual violence and intimate harm.

Through community conversations, workshops, and media, our work challenges harmful mythology, reimagines healing and justice, and drives policy change to prevent sexual harm.



WEBSITE

www.healingcourage.org



EMAIL

stephanie@healingcourage.org



INSTAGRAM

[@couragetriumphs](https://www.instagram.com/couragetriumphs)